



Daily Infant Schedule

Our infant program is designed to offer a safe, nurturing, and stimulating environment so that the children will feel loved and a sense of security, and at the same time, they will be learning through play and diverse activities. Our staff immediately bond with the children so that trust can be established, and staff can learn to meet each individual need. An individual daily schedule is flexible that allows us to address the individual needs so that infant children feel consistency and comfort which – in – turn encourages exploration, enjoyment and the development of trust and autonomy. All activities are aligned with the Rhode Island Early Learning and Development Standards.

Arrival 8:00am -9:30am

Staff greet all parents and children by name; Staff discuss child's evening, last feeding, and any accommodations for the day
Assist parents and children with goodbyes
Routine care (bonding, feeding, diapering, naps)
Free play/planned activities/outdoor play

Morning 8:30am – 9:30am

Hand washing
Breakfast
Clean up and hand washing
Routine care (bonding, feeding, diapering, naps)
Planned play time; self- directed activities for older infants/outdoor play
Clean up

Late Morning 9:30am – 11:30am

Free play/planned activities/outdoor play for infants (other children may be resting)
Open- ended art is available three times per week for children 12 months of age and older
Small group time experiences for some mobile infants; story time, music, finger plays
Older infants prepare for lunch and hand washing
Routine care (bonding, feeding, nap)

Lunch Time for Older Children 11:30am – 12:30pm

Clean up after lunch and handwashing
Routine care (bonding, feeding, diapering, nap)

Early Afternoon 12:00pm – 2:00pm

Rest time for some infants
Planned play; teacher facilitated activity for children who are awake /outdoor play

Mid Afternoon 2:00pm – 3:30pm

Routine care (bonding, feeding, diapering, nap)
Some infants wake up from nap
Prepare for snack
Hand washing
Free play/ teacher facilitated activity for infants, self –directed for some infants
Outdoor play for infants

Late Afternoon 3:30pm- 5:00pm

Free play/planned activities/outdoor play
Routine care (bonding, feeding, diapering, naps)
Clean up
Staff greet all families by first name during departure
Staff speaks with parents about child's day and reviews daily log sheets
Staff and parents prepare children for departure